



St. Alban's Catholic Primary School Newsletter

Friday 1st February



What a busy week we have had! Year 4 have completed their swimming lessons this week after a fortnight of sessions.

The children looked really smart for their photographs on Wednesday. As soon as they arrive in school we will distribute them to you.



Thank you to all the parents who brought their children in to school on Friday. We do appreciate your efforts. We apologise for having to shut the school early but unfortunately due to staff shortages because of the inclement weather we had no choice. Thank you for your co-operation and understanding.



As the weather has now turned quite cold, can you please ensure that your child has a coat when they come to school and where possible a hat and gloves. That way they can play outside at break and lunchtimes and remain as warm as possible.

Uniform

As many of you will have seen, we now have a hanging rail with spare clean and ironed school uniform in the entrance foyer. Please take a look if you need any uniform for your child. If you are able to, you can also make a small donation for any item you take away with you.

If you have any spare uniform that your children may have grown out of, please feel free to bring it in to school. If you can wash and iron it, that would be lovely but if you haven't got time, please still bring it in and we will wash and iron it before putting it out. Thank you.

The Leprosy Mission

Collecting Used Stamps

The Leprosy Mission is an international Christian charity with **141 years** of experience. Through The Leprosy Mission's global family we serve a population of **305 million people** in around **30 leprosy-affected countries**.

In order to raise money for this charity, St Alban's school, in conjunction with St Alban's Church are asking for people to donate any used stamps they might have. These will then be used to raise money for this wonderful charity.

Please bring any stamps you might have into school & we will pass them on to Father Scanlon. Thank you for your support.

Attendance this week is 84.34% - NOT a very high percentage unfortunately!

Please make every effort to send your child in to school. If they have medication from the doctor, you can fill in a permission slip which will enable us to give them the correct dosage throughout the day.

The individual year group attendance this week is -

Rec - 83.77%

Year 1 - 87.87%

Year 2 - 88.17%

Year 3 - 84.79%

Year 4 - 80.24%

Year 5 - 82.89%

Year 6 - 80.98%

Let's try to beat each class' attendance next week!



*The Lord Bless you, and keep you
The Lord make His face shine on you,
And be gracious to you.
The Lord lift up His face toward you,
And give you peace*



Cornel Cymraeg

Croeso!

Newyddion! News!

This week the Criw Cymraeg delivered an assembly to the whole school introducing all their new ideas from their recent meetings. This included;

The phrase of the fortnight.

New welsh prayers for during the day.

'Iaith yn yr iard' - Language in the yard - where children can win raffle tickets when speaking welsh to win a weekly prize.

Dyddiadau/dates

Monday 18th-22nd February is WELSH WEEK! We have lots of fun and exciting activities planned to celebrate Wales.

Thursday 21st February is Eisteddfod. Children can wear Welsh costume or their house colours. We hope that your all busy working on the home tasks!

Tuesday 12th March - Campus Cymraeg Launch. Information to follow soon!

Phrase of the fortnight

Foundation Phase

Sut wyt ti? How are you?

(sit-oi-tea)

Key stage 2

Sut wyt ti'n teimlo? How are you feeling?

(sit-oi-teen-time-low)

Dwi'n..... hapus (happy), sal (sick), wedi blino (tired), ar ben y byd (on top of the world), bendigedig (excellent), da iawn (very good)



Cornel Cymraeg

Croeso!



Foundation Phase



Key Stage 2



Snow Day Fun!



Year 2 are having fun in the snow!



Look at our Snowman!





Year 5 busily applying their knowledge of grams to make Victorian baked delights ready for 'Tea & Toast' with their parents.



Thank you to all the parents & guardians who came to 'Tea & Toast' and enjoyed hearing the children's Victorian adventure stories and for trying their Victorian baked goodies!

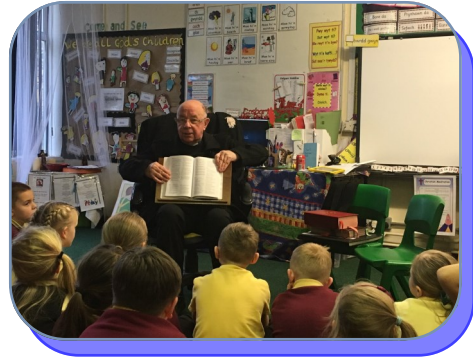
We had great feedback and hope to do another one soon.



Father Scanlan's visit to Year 2



**Father Scanlan telling Year 2 all about
the special books that are used at
Church.**



**He also showed us a lectern and
explained what it is used for.
Thank you Father.**



**Reception visited our
local shop.
They were looking for ideas
for their role play area.
When they got back to
school they used what they
had learned to set up their
role play area.
It was great fun!**

Healthy Eating Initiative



As part of our Healthy Eating initiative, our Healthy Eating Senedd group are asking that if your child is bringing in a snack to school, that it is either fruit or vegetables and not crisps chocolates or biscuits to eat at break time.

This is so we can promote healthy eating throughout the school.

The children seem to be enjoying their wholemeal toast at break time. If your child hasn't had any yet but would like to, all they need to do is bring in 20p each day in order to purchase it during morning break.

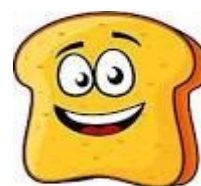


Thank you.

Back By Popular Demand!



Tea & Toast



Thank you to all the parents who came to our Tea & Toast morning on Tuesday.

Year 5 did a fantastic job as hosts for the morning.

Next Tuesday 5th February, it is Year 4's turn to open the hall doors to invite their parents and family to come and enjoy some tea and toast. The children will take your order from your seat, prepare your food and drink, and serve it to you while you chat.

If you have time, why not come along and put your feet up for half an hour while spending time in your child's school. Doors open at 9am!



St Alban's Digital Developers **Online Safety tip of the week.**

**St Alban's Digital
Developers say:**

**'Make sure you get your friend's
consent before you post on any
social media platform'**



SAFER INTERNET DAY

**Next Tuesday, 5th February is
'Safer Internet Day'.**

**The children will be taking part in
fun activities in their classes as
part of safer internet day**

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE, BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



3

PLAY AGAIN?
YES NO

How does this game/app work?
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



5

Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



7

Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.



DATES FOR YOUR DIARY

Term Dates for 2018-19

SPRING TERM

Half Term Ends	Friday 22nd February 2019
Half Term	Monday 25th February 2019 to Friday 1st March 2019
School Re-opens	Monday 4th March 2019
Term Ends	Friday 12th April 2019
Easter Holidays	Monday 15th April 2019 to Friday 26th April 2019

SUMMER TERM

Term Starts	Monday 29th April 2019
Half Term Ends	Friday 24th May 2019
Half Term	Monday 27th May 2019 to Friday 31st May 2019
School Re-opens	Monday 3rd June 2019
Term Ends for pupils	Friday 19th July

INSET DAYS

~~Monday & Tuesday 3rd & 4th September 2018~~
~~Monday 5th November 2018~~
~~Monday 21st January 2019~~

Monday 22nd July 2019



Wellbeing Project

During the past few weeks, the children have been carrying out a survey entitled The Wellbeing Project. The project aims to support the social and emotional wellbeing of pupils, by assessing how they feel about themselves and others. The project is based on the philosophy that 'happy pupils learn more'.

The children completed the online surveys either individually or in groups on computers whilst supervised by a staff member. Before beginning the surveys, it was explained to the children that they would be filling in a survey about their feelings and experiences at school, and a survey about their friends and classmates at school. There were no right or wrong answers as it was a survey to help the school understand more about how pupils are feeling and getting on with each other, and to make the school an even better place for everyone.

The information gathered through the surveys that the children have completed, will be used to improve the wellbeing of pupils in our school through different whole school and classroom methods.

If you would like any further information on the project please contact Mrs Woodward.